

Adult Classes &  
Workshops

Explorers  
Playgroup

Northside  
Produce  
Market

After School  
Care Leisure

Venue Hire

# What's on Guide

Apr – Jul 2025



# LEARN DISCOVER CREATE



## Evening Vinyasa Yoga

9-Week Course  
Thu 1 May, 7:30–8:30pm, Cost: \$185



## Ukulele

6-Week Course  
Wed 7 May, 6:30–8pm, Cost: \$285



## Woodwork 101

Workshop  
Sun 18 May, 10am–4pm, Cost: \$185



## German Beginners

8-Week Course  
Fri 2 May, 6:30–8:30pm, Cost: \$290



## Create a Travel Sketchbook

Workshop  
Sun 15 Jun, 10am–2pm, Cost: \$130

**NEW WORKSHOP!**

# EVERYTHING *Lemon*

*Did You Know?*

*Lemons are nature's preservative! Their high acidity helps keep food fresh and flavourful for longer. Perfect for pickling and preserving.*

Learn to make lemon cordial, curd, preserved lemons and a delicious lemon pudding while exploring essential preserving techniques. From sterilising jars to perfecting textures, you will develop the skills to create your own homemade treats. Plus, take home your lemon-infused creations to enjoy!

**Sunday 15 June**

**1:30–4:30pm**

**Cost: \$150**



# OUR NEW TUTORs

Hot Tip!

Pay attention to your body and recognise which movements work best for you individually. Different exercises affect each person differently.



## WOLFGANG MUELLER

### German Teacher

**Thanks for joining our team, Wolfgang! Please tell us what you do.**

I'm a qualified German teacher with extensive experience teaching students from secondary level to adults.

**What is your background?**

I studied in Cologne and have taught for many years in Britain and Australia.

**What is your teaching style?**

In my classes students are introduced to the culture, history and unique characteristics of "The Germans" making a visit to Germany more enjoyable and easier to navigate.

### GERMAN BEGINNERS

**Starts Fri 2 May**

**6:30–8:30pm**

**Cost: \$290**



## RAQUEL GENIOLI

### Personal Trainer

**Welcome to the Centre, Raquel!**

**Please tell us what you do.**

I'm a dedicated fitness and wellness professional with over eight years of experience in the industry.

**What will you teach at the Centre?**

I will teach Strength Training and Mat Pilates on Fridays.

**What is your teaching style?**

I take a holistic and integrative approach to health. I believe that a balanced lifestyle is key to achieving optimal physical and mental well-being.

### MAT PILATES

**Starts Fri 30 May**

**6:30–7:25am**

**Cost: \$130**



### STRENGTH TRAINING

**Starts Fri 30 May**

**7:35–8:30am**

**Cost: \$130**



# Our New MARKET HOST



Elena Duggan, winner of  
MasterChef Australia in 2016



Elena Duggan, the celebrated winner of *MasterChef Australia* season 8, is known for her expertise in healthy, inclusive cooking and her passion for sustainability. With a strong focus on nourishing food that caters to dietary differences inspired by her personal experiences, Elena has built a reputation for creating delicious, mindful meals that prioritise wellness without compromising on flavour.

**Join our next 'BEHIND THE SCENES' Northside Produce Market Tours:**

**Saturday 3 May**

**7:30–8:30am & 9–10am**

**Cost: FREE**

## Kids Easter Treasure Hunt

Collect the answers to all the clues and receive an Easter treat!

**Sat 19 Apr**  
**8–11:30am**



### MARKET DATES

- 5 & 19 Apr
- 3 & 17 May
- 7 & 21 Jun



Explorers  
Playgroup

# BIGG est Morning Tea

Join us at Explorers Playgroup for a fun-filled morning of delicious treats and a great cause!

Enjoy free morning tea with cupcakes, fresh fruit and creative crafts, while the little ones have a fun with playdough, storytime, endless toys and more!

**All funds raised will support the Cancer Council in their vital work.**



**Thursday 22 May**

**10am–12:30pm**

**Cost: \$14 for Playgroup session**

**Free Morning Tea (donations welcome)**

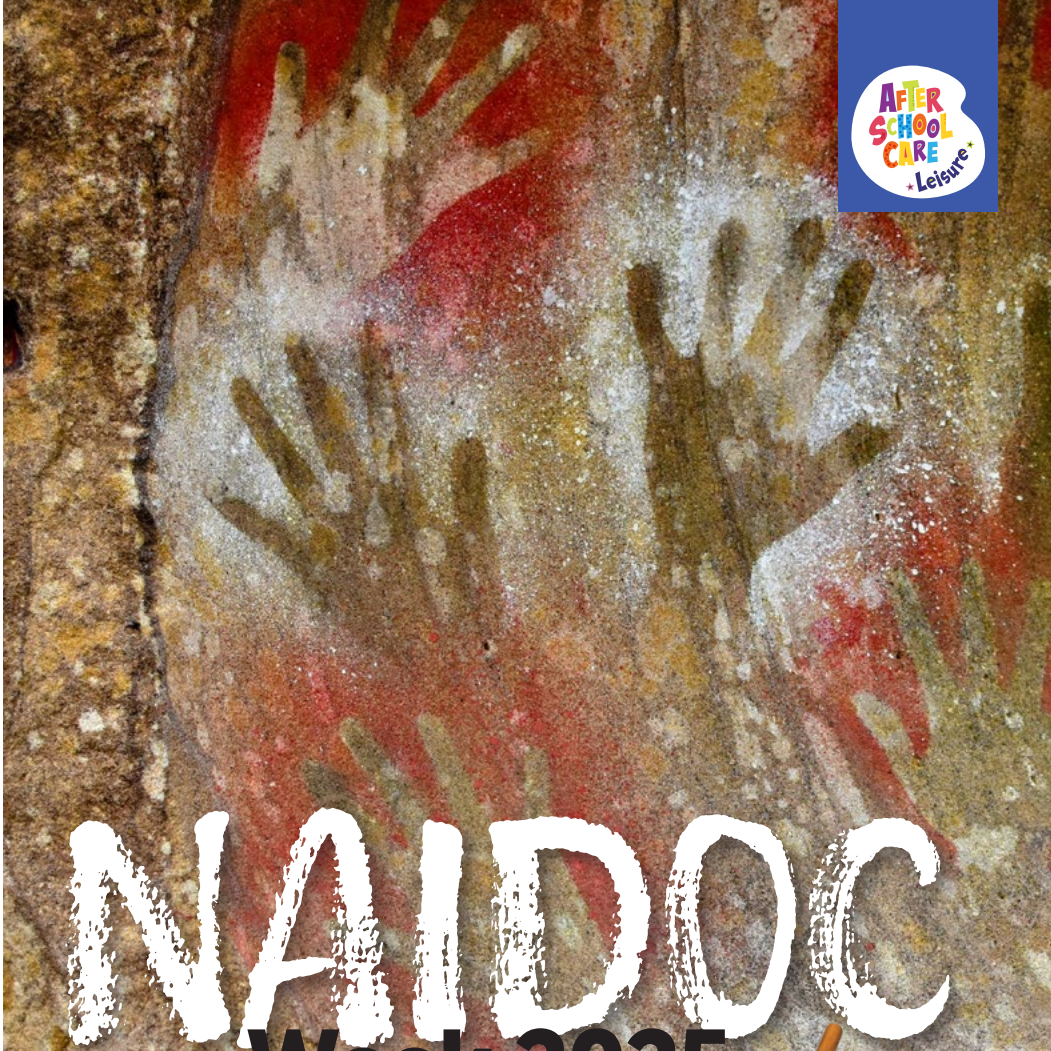
**EXPLORERS  
PLAYGROUP**

**Mon–Thu**

**10am–12:30pm**

*during school term*





# NAIDOC

## Week 2025

### AFTER SCHOOL CARE LEISURE

**Mon–Fri**

**3–6pm**

*during school term*



After School Care Leisure will be celebrating NAIDOC Week with a range of exciting activities! Kids will have the opportunity to enjoy crafts, cooking and a special outdoor gardening project. Plus, a special Indigenous artist will join the program to share the significance of Indigenous art and culture, creating a meaningful and hands-on learning experience.

**7–11 July**

**3–6pm**

Did  
you  
Know

*The didgeridoo is one of the world's oldest musical instruments and is made from tree trunks and limbs and hollowed out by termites.*



venue  
hire

# An Autumn Affair

## Host a warm and welcoming event this Autumn!

Planning a kids' party, wedding, work functions or special event? We've got the perfect space for you! Choose from five spacious rooms, each equipped with everything you need to make your event extra special:

- A fun outdoor playground
- Flexible seating with tables & chairs
- A fully equipped kitchen for catering
- Free parking (weekends only)

Get in touch with us today at  
**(02) 9922 2299, or**

[venue@northsydneycentre.com.au](mailto:venue@northsydneycentre.com.au)

## Customer Feedback



**Alys Holz**

Local Guide · 19 reviews · 11 photos



★★★★★ 3 months ago

Held my daughters 6th birthday party here. Was a fantastic space to host 20+ kids for an easy party - the wattle room was perfect for our group and we had good weather so could use the connected playground which was a HUGE asset. Rain was forecast but I wasn't worried as there was plenty of space for us inside. Marianne was so lovely to work with, patient with my questions and great with advice. Want a great venue for a kids party then I highly recommend the centre.

### VENUE HIRE

Minimum booking  
2 hours

(plus 30 min  
complimentary)





# COMMUNITY NEWS

Let's spread  
the love  
in 2025!

We Asked Our Community How They're Practicing Self-Love This Year – Thank You for Sharing!

Going to the gym 🏋️ and would love to do two art classes this year!

I'm dipping myself into my 1k puzzles 🧩

Extra time at the beach, Zumba with Nancy, and plenty of fun hobby projects. I just made my first pair of sandals!! I'm so pleased 😊



Here's our popular playdough recipe!

#### INGREDIENTS

- 2 cups plain flour
- 2 tbsp oil
- 2 tsp cream of tartar
- 1.5 cups boiling water (still hot)
- 0.5 cup salt
- Food colouring

#### METHOD

1. Pour boiling water into bowl with salt, mix well.
2. Add cream of tartar, flour and oil, then mix.
3. Add food colouring and knead well.

# BE THE FIRST TO KNOW

Join our newsletter for updates on events, classes and exclusive offers!



# What's On

**Term 2, 2025: 26 Apr – 4 Jul**

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>
<b>6.30am</b>			<b>Early Morning Yoga</b> 6:30am <b>Kayaking</b> 6:30am (off-site)
<b>7.00am</b>	<b>Tai Chi</b> 7am	<b>Yin Yang Yoga</b> 7:30am	<b>Early Morning Yoga</b> 7:30am
<b>8.45am</b>	<b>Qi Gong for Enhanced Mental Energy</b> 8:45am	<b>Stretch &amp; Strength</b> 8:45am	
<b>9am</b>			<b>Stretch &amp; Strength</b> 9am <b>Pottery</b> 9:30am
<b>10am</b>	<b>Explorers Playgroup</b> 10am–12:30pm <b>The Art of Painting</b> 10am <b>Staying Young &amp; Active</b> 10am <b>Italian Intermediate</b> 10:30am	<b>Explorers Playgroup</b> 10am–12:30pm <b>Staying Young &amp; Active</b> 10am <b>Watercolours Advanced</b> 10am <b>Italian Advanced</b> 10:30am	<b>Explorers Playgroup</b> 10am–12:30pm <b>Body Conditioning</b> 10:30am <b>Greek</b> 10:30am
<b>11am</b>	<b>Fit &amp; Fab</b> 11:15am		<b>Chair Fitness Strength</b> 11:45am
<b>12.30pm</b>	<b>Body Strength</b> 12:30pm	<b>Zumba Gold</b> 12:30pm	
<b>1pm</b>	<b>French Beginners</b> 1pm	<b>Italian Beginners</b> 1pm	<b>Relaxation &amp; Sound Healing</b> 1:15pm
<b>3pm</b>	<b>After School Care</b> 3–6pm	<b>After School Care</b> 3–6pm	<b>After School Care</b> 3–6pm
<b>6.30pm</b>	<b>Evening Yoga</b> 6:25pm <b>Painting with Acrylics</b> 6:30pm <b>French Beginners</b> 6:30pm <b>Italian Beginners</b> 6:30pm <b>Machine Sewing Beginners</b> 6:30pm	<b>Zumba</b> 6:20pm <b>Discover Japan</b> 6:30pm <b>Machine Sewing Interm</b> 6:30pm <b>Pottery</b> 6:30pm <b>Spanish Beginners/Level 2</b> 6:30pm	<b>Italian Beginners</b> 6:30pm <b>Linedance Beginners</b> 6:30pm <b>Mahjong</b> 6:30pm <b>Pottery</b> 6:30pm <b>Ukulele</b> 6:30pm <b>Pilates (online)</b> 6:45pm
<b>7pm</b>	<b>Tennis</b> 6pm & 7pm (off-site) <b>Photography</b> 7pm <b>Monday Night Choir</b> 7:45pm	<b>Salsation</b> 7:40pm	<b>Tennis</b> 6pm & 7pm (off-site) <b>Life Drawing</b> 7pm <b>Linedance Improver</b> 7:30pm

## Thursday

## Friday

## Weekend

<b>7.00am</b> Pilates 7:30am	<b>Mat Pilates</b> 6:30am <b>Strength Training</b> 7:35am	<b>Kayaking</b> 7:30am (off-site) <b>Pilates</b> 7:30am
<b>8.30am</b>		<b>Northside Produce Market</b> 8am (every 1st & 3rd Saturday)* <b>Pilates</b> 8:30am
<b>9am</b> <b>Staying Young &amp; Active</b> 9am	<b>Music &amp; Movement</b> 9:30–11:15am	<b>Guitar Beginners</b> 9am <b>Mahjong Beginners</b> 9:30am <b>Mahjong Social</b> 9:30am <b>Pottery</b> 9:30am
<b>10am</b> <b>Explorers Playgroup</b> 10am–12:30pm <b>Watercolours Advanced</b> 10am <b>Staying Young &amp; Active</b> 10:15am	<b>Watercolours Intro</b> 10am <b>You Can Draw Anything</b> 10am <b>Italian Beg Next Step</b> 10:30am	<b>Guitar Cont.</b> 10am <b>Staying Young &amp; Active</b> 10am
<b>11am</b> <b>Fit &amp; Fab</b> 11:30am	<b>Mindful Meditation</b> 11:30am	
<b>12.30pm</b>	<b>Lunchtime Choir</b> 12:30pm	
<b>1pm</b> <b>Zumba Gold</b> 1pm	<b>Spanish Beginners</b> 1pm	<b>Pottery Beginners</b> 2pm
<b>3pm</b> <b>After School Care</b> 3–6pm	<b>After School Care</b> 3–6pm	<b>Relaxation &amp; Sound Healing</b> 5:30pm
<b>6.30pm</b> <b>Zumba</b> 6:20pm <b>Drawing &amp; Watercolours Skills</b> 6:30pm <b>French Beginners/Level 2</b> 6:30pm <b>Guitar Beginners/Interm</b> 6:30pm <b>Mahjong</b> 6:30pm <b>Spanish Interm/Level 3</b> 6:45pm	<b>German</b> 6:30pm <b>Pottery</b> 6:30pm <b>Salsa Shines</b> 6:30pm <b>Spanish Beginners</b> 6:30pm	
<b>7pm</b> <b>Tennis</b> 6pm & 7pm (off-site) <b>Evening Vinyasa Yoga</b> 7:30pm		



Scan for updates

North Sydney Community Centre is  
a not-for-profit independent organisation.

Our mission is to foster social connection  
& wellbeing through our programs & services.



[www.northsydneycentre.com.au](http://www.northsydneycentre.com.au)

