

Adult Classes
& Workshops

Explorers
Playgroup

Northside
Produce
Market

After School
Care Leisure

Venue Hire

What's on Guide

Jan – Mar 2026



Turn Up the Heat!

Yoga, Art, Cooking & Exercise – Your Summer Break Starts Here

Sat 03.01.	Staying Young & Active 10–11am
Sun 04.01.	
Mon 05.01.	Expressive Painting 6:30–9:30pm
Tue 06.01.	
Wed 07.01.	Early Morning Yoga 7–8am
Thu 08.01.	Mahjong Socials 6:30–9:30pm
Fri 09.01.	Mat Pilates 6:45–7:45am
Sat 10.01.	Staying Young & Active 10–11am
	Pottery Wheel Throwing 1–5pm
Sun 11.01.	Life Writing Workshop 1–4:30pm
Mon 12.01.	Expressive Painting 6:30–9:30pm
Tue 13.01.	
Wed 14.01.	Early Morning Yoga 7–8am
Thu 15.01.	Mahjong Socials 6:30–9:30pm
Fri 16.01.	Mat Pilates 6:45–7:45am

Sat 17.01.	Caravaggio Portraiture 1 9:30am–12:30pm
	Poetry Workshop 11am–4pm
	Staying Young & Active 10–11am
	Pottery Wheel Throwing 1–5pm
	Curry & Carry Workshop 2–4pm
Sun 18.01.	Caravaggio Portraiture 1 9:30am–12:30pm
	Life Writing Workshop 1–4:30pm
	Pasta Making Workshop 2–5m
Mon 19.01.	Expressive Painting 6:30–9:30pm
Tue 20.01.	Caravaggio Portraiture 2 6:15–9:15pm
Wed 21.01.	Early Morning Yoga 7–8am
	Caravaggio Portraiture 2 6:15–9:15pm
Thu 22.01.	Mahjong Socials 6:30–9:30pm
Fri 23.01.	Mat Pilates 6:45–7:45am
Sat 24.01.	Staying Young & Active 10–11am
	Greek Cooking Workshop 12–4pm
	Pottery Wheel Throwing 1–5pm



Bellissima!

Meet our new Italian tutors. Passionate, experienced and ready to share their love of la dolce lingua. Benvenuti!



Sophia
Emmanuello

Where are you from and what's your teaching style?

I'm from Rome and a qualified Montessori teacher. I use Montessori principles to foster curiosity, autonomy and active engagement in Italian learning.

How has your experience shaped your approach?

Studying and traveling in Asia enriched my perspective, helping me adapt lessons for children and adults, both in Italy and abroad.

What do you enjoy most about teaching Italian?

Guiding students to explore language and culture while nurturing their curiosity.



Lara
Toffolon

What do you enjoy most about teaching Italian?

I'm passionate about interactive teaching. I like students to feel comfortable and learn to connect through interactive and engaging lessons.

What do you love to share with your students?

I love sharing Italian culture and traditions to bring the language to life for my students, using a variety of material.

What makes your job so satisfying?

Listening to students express themselves in Italian and working with people through my native language!



Elena
De Felice

What's your background in languages?

I'm from Milan, and I speak five languages fluently. I've also got degrees in Interpreting and Foreign Languages.

How long have you been teaching?

I have been teaching for over 20 years, helping students of all levels improve their Italian.

Please share something that's unique about your teaching?

I help students express themselves in Italian and connect with people through my native language. I also organise yearly tours to Italy that blend language learning with cultural immersion.

ITALIAN
LANGUAGE
COURSES





Care Beyond the Classroom

At After School Care Leisure, we do more than supervise. We help children thrive!

Our program keeps kids safe, learning and having fun through a mix of creative, active and social experiences every day.

**Enrolments
for 2026
NOW OPEN!**



We offer a
**1:10 educator-
to-child ratio**



All staff have
up-to-date
**Child Safety
Training**



Recruitment
includes
**WWCC, police
checks &
CPR training**



Trusted team
that brings
**care and
experience**



Top activities to
keep kids
**active, creative
& engaged
every day**

Check out our New Clubs at ASC Leisure

**brand
NEW!**

Get ready! Exciting things are coming to ASC Leisure.

We're launching a whole lineup of brand-new clubs designed for kids to try new things and learn new skills. From sewing and arts & crafts to sports, drama, science and even cooking, there's something for every curious mind. Each club will offer hands-on activities and new challenges.

The full schedule will be announced soon, so keep an eye out for further updates.



Arts & Craft Club



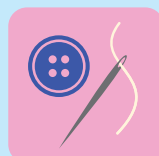
Cooking Club



Sports Club



Science Club



Sewing Club



Drama Club

Meet Hannah Layson!

Our new pottery tutor



Hi Hannah! What kind of art do you make?

I make functional and sculptural ceramics, inspired by the land and places around me.

Do you teach people how to make pottery too?

Yes! I teach all ages and skill levels. I help my students learn wheel-throwing, brushwork and finding their own creative style.

What's your favourite part about teaching?

Watching students grow, learn new skills and turn their imaginative ideas into real pottery!

Hannah teaches **Pottery for Kids (9–12yrs)** on Thursdays.



**Kids
Summer
Holiday
Workshops**

KIDS FLOWER & CRAFT

Mon 5 Jan

10–11am & 11:30am–12:30pm

Sat 17 Jan

1:30–2:30pm & 3–4pm

TEENS WHEEL THROWING

Wed 14 Jan & Thu 15 Jan

10am–1pm



Hi! I'm Talya

The New Explorers Playgroup Coordinator

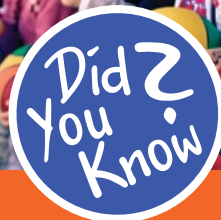
"I'm so excited to join the team and get to know all the wonderful families who come to Explorers Playgroup. My background is in early childhood and primary teaching and I've always been passionate about creating play experiences that spark curiosity and imagination.

I love setting up sensory and hands-on activities that encourage children to explore, experiment and learn through play.

I can't wait to connect with families and continue building a welcoming space where children can play, learn and grow together. Please come and say hello, I'd love to meet you!"

Collect, Play, Reward!

Have you spotted our new **Rewards Card**? At Explorers Playgroup, visit 10 times and your next visit is **FREE**. Come play, collect, and enjoy the fun!



You can bring a friend for **FREE**, as long as they're new to Playgroup! Just book yourself in, grab your buddy and come play. We'll handle the rest!

Don't forget to book online!

venue
hire

The Great Outdoors!

Make the most of summer with our **Outdoor Playground**. Perfect for kids to enjoy the sandpit, play equipment and open outdoor space while you host a birthday, workshop or community event. A fun and safe space for little ones to play and celebrate!

**Available Fridays after 6:30pm
and on weekends**





John-Paul Azzi proudly holds a freshly picked fig from the Azzi family farm

FIG-TASTIC SEASON

Figlicious returns for its 6th season!

Gebran Azzi and his family grow tree-ripened figs in Glenorie, following a legacy of pioneering Lebanese cucumbers in Australia. Figs are inverted, delicate flowers, not fruits and must be handled minimally once picked. Sold directly to the public, they are fresh, flavourful and need refrigeration after purchase. Since joining our Northside Produce Market in 2019, their figs have been a community favourite and they're ready to delight customers again in the 2026 season starting January.

Honey-Roasted Figs with Yogurt

6 fresh figs, halved
2 tsp honey
½ tsp cinnamon (optional)
Greek yogurt, for serving
A few chopped nuts (optional)



1. Preheat oven to 180°C.
2. Place fig halves on a baking tray, drizzle with honey and sprinkle with cinnamon.
3. Roast for 8–10 minutes until figs are soft and caramelised.
4. Serve warm with a dollop of Greek yogurt and a sprinkle of nuts.

SUMMER MARKET DATES

6 & 20 Dec

17 Jan

7 & 21 Feb





WINTER ART PRIZE 2026

North Sydney Community Centre is thrilled to announce the Winter Art Prize 2026!

The theme for 2026 *"Things That Bring Us Together"* invites adults and high school students (Year 7–12) to share their artistic interpretation of what unites us.

Who can enter?

- Adults
- Youth (year 7-12 of high school)

ENTRIES OPEN MONDAY 2 FEBRUARY

Stay tuned for more details and follow us here for more info: [@northsydcentre](#)

Freebies & Low Prices

FREE

- **COMMUNITY TALKS** on Fridays
- **CHECK IN & TUNE UP** at Northside Produce Market (17 Jan, 7 & 21 Feb, 7 March)

LOW PRICES

- **CASUAL EXERCISE CLASSES** only \$25–\$30/class
- **DEATH CAFÉ** only \$10

How to make



GIANT BUBBLES

Blowing bubbles makes everyone happy, no matter how old you are.



Mix your ingredients gently. A slow mix creates smooth bubbles.

What you need:

- 2 tbsp sugar
- 1/2 cup hot water
- 1 cup room temperature water
- 1/2 cup liquid dish soap



The best ratio of dish soap to water is 1:4. Too much soap makes mixing hard and too little makes bubbles burst easily.

1. Make a simple syrup by stirring the sugar into the hot water. Be sure that all of the sugar is completely dissolved.
2. Add the water and dish soap to your simple syrup.
3. Stir everything well, being careful not to make any suds.
4. Play and tag us [@northsydcentre](#)

WHAT'S ON

Term 1, 2026: 31 Jan – 2 Apr

Monday		Tuesday	Wednesday
6.30am			Early Morning Yoga 6:30am Kayaking 6:30am (off-site)
7.00am	Tai Chi 7am	Yin Yang Yoga 7:30am	
8.45am	Qi Gong for Enhanced Mental Energy 8:45am	Stretch & Strength 8:45am	
9am	Explorers Playgroup 9:30am–12pm	Explorers Playgroup 9:30am–12pm	Stretch & Strength 9am Explorers Playgroup 9:30am–12pm Pottery 9:30am
10am	Expressive Painting 10am Staying Young & Active 10am	Italian Advanced 10am Staying Young & Active 10am Watercolours Advanced 10am	Body Conditioning 10:30am Italian Beginners 10:30am
11am	Fit & Fab 11:15am	Move & Groove 1:15pm	Chair Fitness Strength 11:45am
12.30pm		Zumba Gold 12:30pm	
1pm	Body Strength 1pm French Beginners 1pm Linedance Improver 2:10pm	Italian Beginners 1pm Linedance Beginners 1:40pm	Spanish 1pm Relaxation & Sound Healing 1:15pm
3pm	After School Care 3–6pm	After School Care 3–6pm	After School Care 3–6pm
6.30pm	Evening Yoga 6:25pm French 6:30pm Greek Beginners (online) 6:30pm Italian Beginners 6:30pm Machine Sewing Beg. 6:30pm Painting with Acrylics 6:30pm	Zumba 6:20pm Japanese Conversation 6:30pm Machine Sewing Int/Adv 6:30pm Pottery 6:30pm Spanish Beginners 6:30pm	Greek (online) 6:30pm Italian Beginners 6:30pm Linedance Beginners 6:30pm Mahjong Lvl 1, 2 & Social 6:30pm Pottery 6:30pm Ukulele Beginners 6:30pm
7pm	Tennis 6pm & 7pm (off-site) Photography Beginners 7pm Monday Night Choir 7:45pm		Life Drawing 7pm Linedance Improver 7:30pm

To enrol visit www.northsydneycentre.com.au or call us on (02) 9922 2299

Thursday	Friday	Saturday
7.00am Pilates 7:30am	Strength Training 7:35am	Kayaking 7:30am (off-site) Pilates 7:30am
8am		Northside Produce Market 8am (every 1st & 3rd Saturday) Pilates 8:30am
9am Staying Young & Active 9am Explorers Playgroup 9:30am–12pm	Music & Movement 9:30am–12pm	Guitar Beginners 8:30am Mahjong Lvl 1, 2 & Social 9:30am Pottery 9:30am
10am Japanese 10am Watercolours Advanced 10am Staying Young & Active 10:15am	The Beauty of Watercolours 10am You Can Draw Anything 10am Italian 10:30am	Guitar Cont. 10am Staying Young & Active 10am
11am Fit & Fab 11:30am	Mindful Meditation 11:30am	
12.30pm Japanese Beginners 12:30am Zumba Gold 12:45pm	Lunchtime Choir 12:30pm Italian Beginners 12:40pm	
1pm	Spanish Beginners 1pm	Pottery Beginners 2pm
3pm After School Care 3–6pm	After School Care 3–6pm	Nurturing Self-Compassion 3:30pm Relaxation & Sound Healing 5:45pm
6.30pm Zumba 6:20pm Drawing & Watercolour Skills 6:30pm French 6:30pm Mahjong Lvl 1, 2 & Social 6:30pm Spanish 6:30pm	German Beginners 6:30pm Pottery 6:30pm Spanish Beginners 6:30pm Tango Beginners 6:30pm	
7pm Tennis 6pm & 7pm (off-site) Photography 7pm Go-Go Dance 7:40pm	Tango Improvers 7:40pm	



Scan for updates,
new courses and
weekend workshops



North Sydney Community Centre is
a not-for-profit independent organisation.
Our mission is to foster social connection
& wellbeing through our programs & services.

www.northsydneycentre.com.au
(02) 9922 2299

*North Sydney Community Centre
acknowledges the Cammeraygal people as
the Traditional Custodians of this land.*

